

Policy #: 458

SCHOOL DISTRICT OF WEBSTER

Date Adopted: November 24, 2014

Date Revised: January 15, 2024

Policy Title: School Wellness Policy

Local Wellness Leadership

1. The Local Leadership Team shall consist of the District Administrator, the Head of Food Service, the District Health Class Instructor, the District Nurse, the Burnett County Nutrition Educator and the District FACE teacher.
2. The District Administrator shall be responsible to provide notification to the District Residents that they have the opportunity to participate in the development, implementation and periodic review of the Local School Wellness Policy. This notification will be included in the initial issue of the Bridge each school year, along with our Annual Notices.

Policy

1. Goals for Promotion
 - a. The Webster School District aims to teach, encourage, and support healthy eating by students. Our schools should provide nutrition education and engage in nutrition promotion that:
 - Is part of not only health education classes, but also classroom instruction in subjects such as math, science, language arts, and social sciences.
 - Promotes fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, and health-enhancing nutrition practices.
 - Emphasizes caloric balance between food intake and energy expenditure (physical activity/exercise)
 - Includes training for teachers and other staff.
 - Classroom health education will complement physical education by reinforcing the knowledge and self-management skills needed to maintain a physically-active lifestyle and to reduce time spent on sedentary activities.
 - The District encourages all members of the community to help create and support a school environment that emphasizes healthy, life-long habits of good nutrition and physical activity.
2. Standards of Nutrition Guidelines for Food Served on Campus during School Day
 - a. Webster School District shall strive to provide nutritious meals that fall within the National Nutrition Standards for School Meals. This guideline can be found at www.dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/lunch-in-a-nutshell.pdf
 - b. All food and beverages sold outside of the school meal programs shall meet the standards established in USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule.
 - c. Both the federal standards and this Wellness Plan allow a building principal, or another administrative-level designee, to approve a limited number of exempt student organization fundraisers involving the sale of food or beverage items that do not meet any minimum nutrition standards. DPI currently allows up to two (2) approved exempt fundraisers per student organization per school year, with each such fundraiser lasting no longer than two (2) weeks. However, an approved exempt fundraiser may not take place in the food service area during any school meal period. In addition, an authorized exempt fundraiser must adhere to all other District policies and procedures related to fundraisers.

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- d. Foods that, with appropriate District approval, are ordered and delivered at school or through a school-related activity, but that are not intended to be (and that due to packaging, preparation requirements, etc., cannot reasonably be) consumed on school premises (such as a frozen pizza fundraiser) are not subject to any specific nutrition standards or time or location restrictions regarding orders or deliveries under this local Wellness Plan.
3. Standards for food and beverages not sold
 - a. While there is no set standard for foods not sold during the school day, Webster School District encourages healthy, nutritious alternatives to sugary snack items, or non-food alternatives for birthdays or reward days.
 - b. Any beverages that do not meet the smart snack guidelines to be sold on the school campus during the school day should not be served or distributed to students during the school day without first receiving written permission from the Building Principal. The Webster School District provides free drinking water for students and staff.
 4. Provision for Food and Beverage Marketing and Advertising
 - a. Vendors may request approval from the District Administrator to market and advertise food or beverages within the District. Consideration will be given only to food and beverages that comply with the Federal Smart Snacks requirements.
 5. Plan to provide stakeholder involvement
 - a. The Webster School District is committed to being responsive to community input, which begins with awareness of the wellness policy. The District will actively communicate ways in which representatives of the wellness committee and others can participate in the development, implementation and periodic review and update of the wellness policy through a variety of means appropriate for the district.
 - b. Every K-4 student will receive instruction on nutrition through collaborative lessons with the County Extension Office and FoodWise Nutrition Educator.
 - c. The District will incorporate the Smarter Lunchroom Smart Assessment Scorecard to identify ways to improve the school meal environment. Our goal is to incorporate two Smarter Lunchroom techniques in each building.
 - d. The District will provide students with physical education using appropriate curriculum consistent with state and national standards.
 6. Plan to measure implementation
 - a. The Local Leadership team will meet during the first semester each year to review implementation. The primary means of measuring the implementation of and schools' compliance with this Wellness Plan is through a formal assessment that will occur at least once every three (3) years. Such assessments shall be in line with federal requirements and any applicable requirements of the Department of Instruction (DPI). For purposes of carrying out triennial assessment requirements, the District shall do the following:
 - b. Complete the Wellness School Assessment Tool (WellSAT) to evaluate how the District Wellness Plan compares to model policy language and best practices for wellness.
 - c. Complete the DPI-required Local Wellness Policy Report Card, which addresses: (a) the extent to which the District and District schools are in compliance with the District Wellness Plan; (b) the progress made in attaining the goals of the Wellness Plan; and, (c) the extent to which the District Wellness Plan compares to model policy language and best practices for school wellness.

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7. Plan to report wellness content to public
 - a. The School Wellness Committee will use methods to ensure that all families are actively notified of the content of, implementation of, and updates to the wellness policy, as well as how to get involved and support the policy. (Ex. email, school website, "The Bridge")
8. School compliance with the Local School Wellness Policy
 - a. Compliance will be determined by an annual review held by the Local Leadership Team.
9. How District policy compares to other Model Wellness Policies
 - a. Reviewing other model policies will be done as a part of the annual review by the local leadership team.
10. Progress made in attaining goals of the Wellness Policy
 - a. Progress will be monitored on an anecdotal basis in the Local Leadership Team annual meeting, and by examining the data that is gathered through the Triennial Assessment.
11. Public Notice of the Local School Wellness Policy
 - a. Public notice will be given in the district annual notices, which is published in the District Newspaper "The Bridge".
12. Public Notice of Triennial Assessment
 - a. Notice of the results from the Triennial Assessment will be given through the School Newsletter. Copies of the results will be available at the District Office upon request.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. Mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

2. fax: (202) 690-7442; or

3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Cross Reference:

Legal Reference:

WISCONSIN STATUTES

- [Section 93.49](#) [farm-to-school programs]
- [Section 118.01\(2\)\(d\)2](#) [instructional program goals related to nutrition and physical education]
- [Section 118.12](#) [sales and promotions on school premises, including the sale of milk and other beverages]
- [Section 118.33](#) [high school graduation requirements, including physical education]
- [Section 120.13\(17\)](#) [school board power to authorize the temporary use of school facilities, including the recreational use of school facilities]
- [Section 120.13\(19\)](#) [school board power to provide community programs]
- [Section 121.02\(1\)\(f\)](#) [school district standard; minimum hours of direct student instruction]
- [Section 121.02\(1\)\(j\)](#) [school district standard; health and physical education]

WISCONSIN ADMINISTRATIVE CODE

- [PI 8.01\(2\)\(j\)2](#) [physical education rules]

FEDERAL LAWS AND REGULATIONS

- [42 U.S.C. §1758b](#) [school wellness policy requirements]
- [42 U.S.C. Ch. 13](#) [National School Lunch Act provisions, generally]
- [7 C.F.R. Part 210](#) [USDA regulations implementing the National School Lunch Act as amended, including the local school wellness policy regulations]
- [7 C.F.R. Part 220](#) [USDA regulations implementing the School Breakfast Program under the Child Nutrition Act, as amended]