



December 10, 2020

Re: Family Reminders from the Nurse's Office

Important Family Update:

This week we are seeing several children with stomach aches, diarrhea, sore throats, runny nose and headaches. As a reminder, I would like to share our daily screening questions that can be found in our Reopening Plan on the school Website.

Screening Expectations

Families, students and staff are expected to self-screen daily. Anyone with symptoms related to COVID-19 must contact the school office or their supervisor before coming to school or work.

Cough (new onset or worsening of chronic cough)

Shortness of Breath

Fever 100.4 and Higher

Chills/ Sore Throat/ Congestion/Runny Nose

Muscle Pain

Headache

Diarrhea, Nausea or Vomiting

Loss of Taste or Smell

If you, your child or anyone in your family are experiencing any of these symptoms, please keep your children home, contact the school office before coming to school.

We have also updated our plan to include the new guidelines from the CDC. This includes the reduction of quarantine period from 14 days to 10 days for close contacts as long as the individual has been symptom free the full 10 days. The close contacts would continue to monitor for symptoms through the 14th day.

Please feel free to contact me if you have any further questions.

Thank you,

Julie Steiner, RN

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